ROTARY CLUB OF RICHMOND

The Tiger Cub Rag

2011 - 2012

Meeting 2179 21 May 2012

SPEAKER
Jennifer Elliot
Baby Boomers, Bellies & Blood Sugars

CHAIR
Dot Brown

Birthdays
Andrea Michaelides – 22 May
Sally O’Sullivan – 24 May
Jo Cowling – 28 May

Wedding Anniversaries
Nil

Induction Anniversaries
Nigel Peck – 21 May 1979

ROTARY DISTRICT 9800, R.I. & OTHER ROTARY LINKS

Richmond Rotary website: www.rotaryrichmond.org.au
District9800 website: www.rotarydistrict9800.org.au
District E-Zine link: www.rotarydistrict9800.org.au/current_networker
Rotary International website: www.rotary.org
Another great night thanks to Nia Holdenson and her helpers and sponsors to make it a successful night for Australian Rotary Health. Also we must thank Annie Wysham for designing the Richmond Rotary cap and Trevor Pang getting them made. I like the cap and will wear it proudly when on Rotary duties.

Congratulations to Secretary Jo how she picked eight members baby pictures is beyond my comprehension I could only picked three (thanks to Trevor I at least got one) and two of them were flukes.

Let gets behind and help President Elect Sue Bolton have a successful year.

First of all, she needs a Tiger Rag Editor she does not need a Rupert Murdoch (can’t guarantee the same salary) just someone who can produce a bulletin very similar to what Rochester produces for 10 members.

Richmond usually has at least a table at the District Governor’s Changeover at South Morang so as Sue said last night we could go by train please contact Jo so we up the tradition of a least one table.

We (the Cub) are the host club of MUNA on Friday 25th to Sunday 27th at Camp Getaway, Axedale near Bendigo so we need as many members to stay there for the weekend and support the lunch on Sunday.

There is an old saying many hands make light work if we apply this to our club sharing the load no one has to do it all is what it is all about.

I was speaking to a neighbour (95 and sharp as a tack) on the train on Monday. He told me when he was training to be a pilot during WW2 and part of the training is of course how to land with a parachute. After all the training the last exercise is on the back of a truck jumping off at 30 mph which simulates the real thing. Help!!

I have been thinking after speaking to the TPI group yesterday how much work they have done representing returned servicemen and women who were totally and permanently incapacitated because of actions in WWI & WW2. I remember reading somewhere that 60,000 died in WW1 and within 10 years another 60,000 died and at the start of WW2 50,000 were in bed. The cost to a small country like Australia must have been enormous in medical assistance helping the returned servicemen and women.

Keep up the good work everyone

President Rob
Last Week’s Meeting Scribe John Benger

Australian Rotary Health Hat Night
Nia Holdenson did a fantastic job in organising, and running, a hat themed night. A wide range of hats competed for prizes with Ms “Devil Horns” Pang winning the most original.

Clever quiz by Nia where all the answers were related to headgear.

Amora’s buffet meal is a good idea and exceptional value for money.

A line up of photos of lovely and innocent babies created great interest as people tried to guess the names.

Behind the fun was the seriousness of Rotary supporting ARH and especially in the research they fund in the mental health area. The Rotary Club of Richmond, with the support of a matching sum plus a contribution from ARH, funds a $29,000 research project.

A constructive and fun meeting organised by Nia and President Elect Sue is thinking of “themed nights” as part of our 2012 -2013 program.

Incoming Emails

Hi Nia

A great fun filled meeting last night - well done to you and your team. We sold 24 caps (confirmed). Money raised for the event was given to Michael O and he has the invoices too with breakdown for ARH and Club. I kept the summary sheet F.Y.I. - will bring next Monday. We did receive a number of apologies - which was unfortunate but life gets in the way sometimes!!

I thought the caps looked great and heard a few members commenting on how nice it was to have RC Richmond cap.

Nia I had a call from Chris Don (District) re the New Generation Shield awarded last year - do you know where it is??

Thanks again to all for arranging a great night.

Cheers
Jo xx

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From: "Bryan Griffiths"
Sent: Friday, May 11, 2012 10:59 AM
To: <secretary@rotaryrichmond.org.au>
Subject: From Rotary Club of Rochester

Greetings President Rob, Secretary Jo

On behalf of members of Rotary Club of Rochester a big thank you to you and your members for your support and attendance at our annual Pie and Port night. This annual fundraiser attracted a gathering of 70 Rotarians and Friends for a night of Fellowship.

Your continuing support is very much appreciated and we look forward to continuing this relationship with your club and members for many years to come.

Yours in Rotary
Bryan Griffiths
Hon Sec - Rotary Club of Rochester
Hat Day Photos
Australian Rotary Health
BABY PHOTOS .....Who are they???

1 2 3
4 5 6
7 8 9
10 11 12

MATCH NAMES with NUMBERS
Email: tpang@premiertrading.com.au

First Correct Entry Received - a bottle of wine
AINGER MEMORIAL AWARD
FOR PUBLIC SPEAKING 2012

Ern Ainger was an honoured past president of the Rotary Club of Richmond who valued in himself and others the art of effective communication.

This effective speaking contest, now in its twenty-third year, is open to secondary school students from interested schools in the Metropolitan Area. This competition is about effective speaking where the ability of the speaker to “communicate” with the audience is being judged.

It is based upon the statement by Cicero “that often an argument of great merit is lost to an argument of lesser merit which is better presented”.

The aim is to appeal to a wide audience and not an adjudicator - as in a debate. It is not a competition to see how many points you can score or how much information you can include in the time allotted; nor should it be delivered as a “lecture”. In this competition, the subject matter and the scope of an argument is relatively unimportant; rather, the manner of delivery and the effect on the audience are the major considerations. The delivery should be as natural as possible, the competitor speaking “with” the audience rather than “at” them. At the same time although the topic is not judged, you should make it interesting and clearly of importance to you.

Remember also that an audience cannot absorb the spoken word delivered at a speed greater than 120 words per minute.

The prizes for the initial round are: 1st $100, 2nd $75, 3rd $50 and an Encouragement Award of $40, kindly donated by NHP Electrical Engineering Pty Ltd.

OUR ADJUDICATORS

Helen Gray
Helen Gray has recently retired from the teaching profession. She studied English, French and German at school and university, then taught these languages from Prep to Year 12 in many different schools. Helen advises each of her language courses included an oral component and she is still constantly amazed by the courage, originality and wit of people increasingly younger than her.

Stephen Yolland
was born in the UK and has a combined honours degree in English and Theology. In 1986 he was the British Public Speaking Champion and a finalist in the British Debating Championships. He was also runner-up in the European Speaking Championships in Finland. He was also involved in politics in the UK standing for the Liberal Party. Since moving to Australia in 1987 he has advised a number of Australian political, charitable and social organisations on their public presence and forged a highly acclaimed second career in advertising and marketing. Steven is constantly in demand as a motivational speaker.
‘HEARD IT ON THE RADIO’
EMAIL CORRESPONDENCE
By Annie Wysham, RCR Marketing/PR Chair

14th May 2012: To Rtn. Gordon Cheyne (Rotary Networker) and AG John McMorrow

Hi Gordon and John

I've been listening to a bit of radio more than usual lately and have heard ads for Rotary on 3AW at different times of the day and night - even at 5.00am! Are they emanating out of Rotary District 9800 or elsewhere? I thought you might know.

The script is interesting and has moved away from the old-style description of Rotarians as 'business people and professionals'. We're now described as 'ordinary people doing extraordinary things'! It also calls on 'ordinary people looking to do extraordinary things' to contact a Rotary number that is read out - but I can never catch it.

Hope you can assist re the source.

Cheers from Annie Wysham

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15th May, 2012: From Phillip Archer, Rotary District 9800 Marketing & External Relations Director, Southern Region Visioning Coordinator District Trainer - District 9800

Hi Annie and John

The ads on radio are coming from the multi district PR Coordinators in Victoria – of which I am one. We pooled our resources together to spend a proportion of the RI Public Image Grant that we were successful in getting to place radio, TV and print ads (RACV magazine).

Hope this helps your enquiry.

Kind regards – Philip

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16th May, 2012: Thanks Phillip (and Gordon) for this response to my query.

May I suggest that an article from you Phillip, letting the membership know the history of this PR initiative, would be of interest to all. Also to include the script lines/content as well.

I'm about to update an information flyer - pertinent to the RC Richmond - to put on the tables at our Ainger Public Speaking Award finals on the 29th May.

We get a lot of teachers, parents and others from Metropolitan Secondary Schools at this annual function and it's an opportunity to raise awareness re our Club and its projects and our community involvement.

I would like some of the content to reflect the script so that it's a similar Rotary message to what they are (hopefully) hearing on the airwaves, thus providing instant recognition.

Cheers - Annie Wysham

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16th May, 2011:
Thanks Annie – good idea. There'll be an article in next week’s Networker.

Cheers - Philip
WE WERE MESSIN’ ABOUT IN BOATS’ ON CLEAN UP AUSTRALIA DAY 2012

The Rotary Club of Richmond - Connecting with Community

‘Making a difference’ can not only be such fun... but it’s a great way to make new friends and associates!

Click on this link to read the updated report and see the pics of the day!

rotaryrichmond.org.au/Clean%20Up%20Australia%20text.pdf

What an effort! An estimated 591,400 volunteers removed a staggering 16,169 tonnes of rubbish from 7,363 Clean Up Sites across the country. Ian Kiernan and Clean Up Australia would like to thank the hard working volunteers who have made the 22nd Clean Up Australia Day a successful one.

2012 Preliminary Results

Registered sites by state including estimated volunteer numbers and rubbish tonnage

<table>
<thead>
<tr>
<th>State</th>
<th>Registered sites</th>
<th>Estimated no. of volunteer</th>
<th>Predicted rubbish tonnage</th>
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<tbody>
<tr>
<td>Australian Capital Territory*</td>
<td>123</td>
<td>6903</td>
<td>271</td>
</tr>
<tr>
<td>New South Wales *</td>
<td>2953</td>
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<td>6497</td>
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<td>34800</td>
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<td>Estimated totals:</td>
<td>7363</td>
<td>591400</td>
<td>16199</td>
</tr>
</tbody>
</table>

* Please note numbers are based on registered sites; a number of which have been postponed due to extreme weather. Final numbers to be announced at a later date to be advised.

Source: www.cleanupaustraliaday.org.au/about/about-the-event/clean-up-australia-day

GET INVOLVED IN 2013
MUNA stands for Model United Nations Assembly, which simulates the workings of the U.N. Assembly by having teams of two or three senior students represent a particular U.N. country in debates on matters of world political and social concern.

This youth project simulates the workings of the United Nations Assembly by having teams of two senior students from a number of schools represent a particular UN country in debates on matters of world political and social concern.

MUNA is all about building bridges of goodwill for world peace and understanding in the minds of our youth.

MUNA challenges our youth to respect and tolerate differences of race, religion and nationalism whilst retaining their own individualism and the best of their national traditions.

MUNA as a concept arose in North America from the desire of young people to simulate the great debates of the United Nations Assembly.

MUNA was first conducted in Rotary by Rotary at Winnipeg in Canada, and introduced to Australia by the Lake Cargelligo Rotary Club in 1980.

Rotary Youth Camp Getaway
161 Axedale - Kimbolton Road
Axedale, Victoria 3551
(located about a 15 minute drive from Bendigo)
It is the generosity of spirit that makes me delight in and appreciate the estimated 6.5 Million people who volunteer in Australia each year, says David Zerman who describes himself as a Fundraising Epidemiologist and CEO at Possibility International.

Volunteering is a universal activity that people of all ages undertake because they want to. They support the values of a particular organisation, they enjoy it. It could be a family tradition or it just seems the right thing to do at a particular time.

When conducting volunteer and fundraising workshops I often ask people to discuss their first volunteer experience. Most people relate it to some activities in their 20s, 30s or later. When I ask them about their childhood, youth and teens they generally say they didn’t. But in further discussion when I ask for more information about school, youth, sport, community, political and religious groups they might have been involved in, I can actually see “the light globe go on above their head” when many realise this or that activity at that stage of their life was, in fact, volunteering.

My volunteering activities are no different from any of the other millions of volunteers in Australia, but mine give me an insight into working with volunteers in my professional fundraising work.

“Volunteers – Every One Counts” is the theme for this year’s National Volunteer Week. I enjoy speaking to volunteers whenever I see them and thanking them for their contribution to the organisation. Collectively the generosity of spirit of all volunteers is the glue that keeps the Australian community together each year.

David Zerman is a Fundraising Epidemiologist and CEO of Possibility International. He can be contacted on 0418 346 999. Email: davidzerman@gmail.com
Infographic

In 80 Years, We Lost 93% of Variety In Our Food Seeds

It’s downright scary to see the lack of diversity in the healthiest foods we eat.

Let’s not despair – come to Richmond to enjoy Rotary Chicken and lots of fun!!!
Presents

4th Annual Antiques and Collectables Fair

Sat 26th and Sun 27th May 2012
10am-4pm daily

Over 30 dealers present - a wide range of antiques & collectables available to view and purchase.

Market appraisals of your treasures available by:

David Freeman

Saturday & Sunday 11am-2pm
$5 per item or 5 for $20

Mont Albert Primary School
Barloa Rd, Mont Albert, Mel Ref 46 J8

Adults $5 (Accompanying children free)

Enquiries: 0450 472 723